

## Appendix E: [Boulder Journey School](#) Children's Charter of Rights

- Plant flowers and plants with other people
- Grow taller
- Run or walk, to choose which one, if it is safe
- Have friends
- Touch everything, but gently, but not birds because that can scare them very much
- Pretend that there is a beach anywhere
- Pretend with glass objects, but not a right to drop it because that is not safe
- Climb mountains, ski on the mountains when there is snow, and play on the mountains because the mountains are there for all of us to use
- Take off their clothes in privacy when they are hot, even in their socks, but only when they are with their siblings or parents, or in a locking room, or in a bathtub, or right before they put on their pajamas
- Have fun
- Read books when they are crying, so they do not have to talk about it right away
- Sing, and to sing to other people
- Help other people and even birds with broken wings, so it is okay for people to touch them then
- Play all day
- Twist their own ears, but not a right to twist other people's ears; a child must ask the other person first
- Be asked if someone wants to twist their ears
- Guess how things work
- Be in love and love each other
- Eat grapes whichever way they choose, like peeling them first if they want
- Make ideas with other people
- Be safe from fires and have firefighters ready to help them if there is a fire
- Fall down if they feel like being crazy, but only one or two at a time so no one gets hurt
- Sleep when they are tired, or not sleep when they are not tired, like just resting
- Have their hair look like they want, but not a right to cut it unless they ask first
- Choose their own clothes, and parents have a right to buy clothes for children if they want, but parents do not have a right to steal clothes
- Never, never go to jail
- Pretend being dead and think about what it means to be dead
- Eat some cheese or an apple when they are hungry
- Good stuff that makes them happy
- Watch movies, but not scary ones, but actually, they watch a scary movie every once in a while
- Clean fresh food to eat and if the food is dirty, they can say "No!" or they can choose to wash it so they do not waste food
- Clean, cold water or clean, hot water, or clean, warm water

- Chew soft gum, especially if it is the kind that cleans your teeth, but not a right to hard gum, like one might find at Copper Mountain's gumball machine
- Talk, as long as they do not interrupt someone else who is talking first, but children have a right to wait for their turn to talk
- Color with paint or markers and to choose which one
- Eat brownies and make brownies
- Get their own silverware
- Brush their own teeth, and parents have a right to check their teeth when the children are done brushing
- Say "No!" or "Stop it!" when people are tickling them without asking
- Say "Yes!" when people tickle them, too
- Have their words heard by other people
- Be listened to
- Walk away from people who are bothering them, and just say, "You are bothering me!" real loud, but then they have a duty to tell a parent, teacher, uncle, police officer, aunt or grandparent about it
- Not be called names
- Call themselves names to be silly
- Build bridges out of peppers and other silly things with their lunch, if they can still eat it too
- Know what time it is and how many minutes they have to wait for something like their turn, and the time it will be when it is finally their turn
- Wrestle or play fight, but not a right to punch, and maybe they can play rough on a bed
- Play tea party, even with real tea
- Crawl like kittens
- Paint their fingernails, boys and girls, with an adult who is good at it
- Hugs and kisses,
- Say "No!" to mouth kisses
- Play with Mom and Dad, after they are busy
- Watch kid TV shows, but not adult shows because they are boring
- Tell parents and teachers to help them if they have a big problem
- Solve their own problems whenever they can
- Hang upside-down when it is safe
- Clean air